We were overwhelmed with people's generosity in supporting us for The Atlantic Coast Challenge in September 2008. In the space of little over a month we managed to raise over £14,500, with a further, incredibly generous, contribution being made by the Macquarie Group Foundation of £11,500.

These funds are going to be split between the following charities:

Iain Rennie Hospice at Home

The Iain Rennie Hospice at Home is a registered charity offering specialist and supportive care and advice for patients with cancer and other life threatening illnesses in their homes. The Charity also aims to help the relatives and those carers close to the patient during the illness and bereavement period.

St Bartholomew's Hospital

The Foundation has been in discussing how best to support further research work at Bart's Hospital and has held a number of discussions with Professor Lister, one of the country's leading cancer specialists. At this stage it is anticipated that the Foundation will be supporting some of the forthcoming clinical trials into new cancer drugs, which will be held at the hospital.

The Anthony Nolan Trust

The Anthony Nolan Trust essentially matches patients requiring bone marrow transplants with donors – basically connecting one person, whose immune system needs a boost – with another person, who is prepared to share a little of theirs.

The Foundation will be supporting the Trust in their valuable and often overlooked work into increasing their database of donors, thereby increasing the likelihood of suitable bone marrow donors being available for patients, for many of whom these transplants represent the only realistic curative option remaining for them.

Macmillan Nurses

Macmillan exist to help improve the lives of people affected by cancer, both those living with cancer and also their families and carers. Macmillan rely on voluntary donations for 99% of their income, they would be totally unable to do what they do for people affected by cancer without that support.